



MSU Extension Online Resources for Our Northern Michigan Community

MSU Extension Remote Learning & Resources Website - [Click Here!](#)

ONLINE PROGRAMMING:

Local Lawn & Garden Q&A
Every Wednesday, 11am-1pm
(see page 2 for details)

[Food Safety Q&A](#)
How to React to a Food Recall

[MI Paddle Stewards Class](#)

[Food Safety @ the Food Pantry](#)

[Effective Online Meetings](#)

[Summer Fun \(and Safety\)](#)

[Backyard Conservation Series](#)

[Parenting Webinar Series](#)

[Safe Food = Healthy Kids](#)

[Passing on Personal Possessions](#)

[Introduction to Home Food Preservation](#)

For Youth:

[MI Forestry Scavenger Hunt](#)

[Fun & Learning on Thursdays](#)

[Minecraft = Computer Coding](#)

[Mini Golf for Fun and the Future](#)

For Older Youth:

[Teen Talk: Money Tips](#)

[Summer Movie Series](#)

Health, Wellness & Relationships

[Puzzles](#) - the antidote to burnout?

Grandparents have an important role to play in [pandemic home life](#)

How the pandemic brought on a [fitness revolution](#)

[Meditation](#) can help you 'Relax Into The Uncertainty' of the pandemic

How to keep quarantine from [ruining your marriage](#)

Food & Nutrition

Does all food need a label? What to look for if you are [buying local](#)

The benefits of [red produce](#), plus Tomato & Strawberry Jam recipe

[6 Easy Ways](#) to Use Leftover Vegetables

Take advantage of delicious Michigan-grown bounty with tips, recipes and preserving know-how from [Michigan Fresh](#)

Youth Wellness & Learning

5 Misconceptions About [Kids and Sunscreen](#)

Your weekly dose of fun and learning! [Online learning for youth](#)

[At-home nature activities](#) featuring Lake Michigan

Healthy ways to [stay cool](#) on a hot summer day in Northern Michigan Great Lakes [Bioblitz!](#)

[Mars Base Camp](#) 4-H STEM Challenge Kits now available!

Community Resources

[Extension Extra Enrichment Kits](#): At-home learning kits for agencies, schools, child care centers or other groups to share with families

Michigan Insects in the Garden: [Fireflies](#)

Smart Gardening with Vegetables 101: [Summer Maintenance](#)

Got a tick question? [Lyme Disease in Michigan](#) has helpful information and instructions on how to submit a picture or sample for identification

Connect online for more programs and resources

MSU Extension [Online Events Schedule](#)

Grand Traverse County MSU Extension [Website](#) & [FaceBook Page](#)

Updated 7-30-2020

Join the Virtual 4-H Livestock Auction - see pg 3



LAWN & GARDEN Q&A
with Extension Master Gardeners
& Dr. Nate Walton
Every Wednesday
11am - 1pm
live via Zoom

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SUPPORT LOCAL 4-H YOUTH



Join the Virtual 4-H Livestock Auction

August 8, 9 & 10

<http://www.northwestmichiganlivestockcouncil.org/virtual-auction.html>

Please join us for our virtual 4-H auction!

Many 4-H youth in our 5-county region have worked throughout the past year on their 4-H projects, and though not the same as the county fair, the Northwest MI 4-H Livestock Council Virtual Auction will provide them with a space to demonstrate their knowledge and skills, as well as market and sell their projects.

As a buyer in the 4-H Virtual Auction, your tax-deductible purchase helps support not only the individual 4-H member, but also education, events, scholarships, and more for all local 4-H youth and volunteers



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